

## Certificate

This is to certify that the thesis entitled “**Efficacy of Cognitive Behaviour Therapy in Managing Stress, Anxiety, Loneliness and Enhancement of Assertiveness among Sexually Abused Girl Children**” submitted to Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for the award of the degree of **Doctor of Philosophy in Psychology**, is a record of original research work done by **Suganthi, V.** during the period of her study in the Department of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under my supervision and guidance and the thesis has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title to any candidate of any University or Institute.

*S. Gayathidevi*  
27.1.2020  
Signature of the

**Head of the Department**

*S. Gayathidevi*  
27.1.2020  
Signature of the Supervisor

*Leetha*  
27/1/2020  
Signature of the Dean

## Declaration

I hereby declare that the matter embodied in this thesis entitled “**Efficacy of Cognitive Behaviour Therapy in Managing Stress, Anxiety, Loneliness and Enhancement of Assertiveness among Sexually Abused Girl Children**” is the result of investigations carried out by me in the Department of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfilment of the requirements for the award of the degree of **Doctor of Philosophy in Psychology** and is a record of original research work done by me under the supervision and guidance of **Dr. S. Gayatri Devi**, Associate Professor and Head, Department of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and that it has not been submitted for the award of any Degree / Diploma / Associateship / Fellowship etc., of any other University or Institute.

*S. Gayatri Devi*  
*27.1.2020*  
**Signature of the Supervisor**

*[Signature]*  
**Signature of the Candidate**