



Hambal

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – November 2024
V Semester

Class : III UG
Major : Psychology

Time: 3 Hours
Max. Marks: 100

21BPSC12 Abnormal Psychology I

Course Outcomes:

At the end of the course, students will:

1. Define and classify abnormal Behaviour and its causal factors
2. Identify and assess the stress, coping and adjustment disorders
3. Classify and identify the various disorders related to bodily dysfunctions and preoccupation
4. Describe and analyse the various forms of anxiety disorders
5. Delineate and recognize the different personality disorders

Part A

10 x 1 = 10

Choose the Correct Answer

1. The key feature of abnormal behaviour is CO1 K1
 - a. Cultural norms
 - b. Personal distress
 - c. Biological factors
 - d. None of the above
2. The DSM-5 is primarily used for CO1 K1
 - a. Diagnosing physical illnesses
 - b. Classifying mental disorders
 - c. Treatment planning
 - d. Psychological testing
3. The following is a common coping strategy for stress is CO2 K1
 - a. Avoidance
 - b. Aggression
 - c. Denial
 - d. Positive reframing
4. The main purpose of stress management techniques is CO2 K1
 - a. To enhance resilience
 - b. To eliminate stress entirely
 - c. To ignore stressors
 - d. To increase workload
5. The physical symptoms that cannot be fully explained by a medical condition is CO3 K2
 - a. Hypochondriasis
 - b. Somatic symptom disorder
 - c. Generalized anxiety disorder
 - d. Major depressive disorder
6. A key feature of conversion disorder is CO3 K1
 - a. Chronic pain
 - b. Hyperactivity
 - c. Anxiety about health
 - d. Sudden loss of function
7. This disorder is characterized by excessive worry across multiple areas of life is CO4 K1
 - a. Panic disorder
 - b. Social anxiety disorder
 - c. Generalized anxiety disorder
 - d. Specific phobia
8. The panic attack symptoms is CO4 K1
 - a. Nausea
 - b. Intense fear
 - c. Heart palpitations
 - d. Difficulty breathing
9. This personality disorder is characterized by a pervasive pattern of disregard for the rights of others is CO5 K1
 - a. Borderline personality disorder
 - b. Narcissistic personality disorder
 - c. Antisocial personality disorder
 - d. Avoidant personality disorder

10. Individuals with borderline personality disorder often struggle with CO5 K1
- a. Stability in relationships b. High self-esteem
- c. Consistent emotions d. Clear boundaries

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Compare and contrast the DSM-5 and ICD-10 in terms of their classification systems and applications. CO1 K4
- (or)
- 11.b. Describe about the mental status examination and its components CO1 K2
- 12.a. Explain about the coping process. CO2 K2
- (or)
- 12.b. Discuss about the clinical reactions to stress and their implications. CO2 K3
- 13.a. Explication Hypochondriasis. CO3 K2
- (or)
- 13.b. Expound on sleep Disorders. CO3 K2
14. a. Briefly mention about phobia. CO4 K2
- (or)
14. b. Write short notes on Anxiety Disorder. CO4 K2
15. a. Analyze the features of ODD or Eccentric Behavioural personality disorder. CO5 K4
- (or)
15. b. Describe about Histrionic Personality Disorder. CO5 K2

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

16. a. Examine the Biological Perspective of Abnormal Behaviour. CO1 K4
- (or)
16. b. Discuss about Projective Techniques. CO1 K3
17. a. Describe about bereavement and grief. CO2 K2
- (or)
17. b. Delineate on Dissociative Disorders. CO2 K2
18. a. Give detailed account in Eating Disorders. CO3 K2
- (or)
18. b. Explain about Psychophysiological Disorders, including their characteristics and treatment. CO3 K2
19. a. Compare and contrast generalized anxiety disorder and posttraumatic stress disorder. CO4 K4
- (or)
19. b. Enumerate on Posttraumatic Stress Disorder. CO4 K2
20. a. Evaluate the treatment approaches for Dependent Personality Disorder. CO5 K5
- (or)
20. b. Analyze the treatment strategies for Borderline Personality Disorder. CO5 K4
