

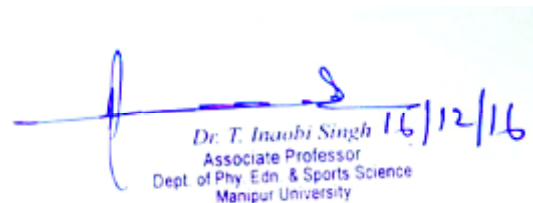
## CERTIFICATE

This is to certify that the dissertation titled “**Effect of Interventions on Nutritional Status and Work Performance of Thang - Ta Athletes in Manipur**”, submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfilment of the requirements for the award of the Degree of **Doctor of Philosophy in Food Science and Nutrition**, is a record of original research work done by **Thongam Chanu Anel** during the period of her study in the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under my supervision and guidance and the dissertation has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or similar title to any candidate of any other University.

**Signature of the  
Head of the Department**

**Signature of the Guide**

**Signature of the Dean**



Dr. T. Inaobi Singh 16/12/16  
Associate Professor  
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**Signature of the Co-Guide**

## DECLARATION

I hereby declare that the dissertation entitled “**Effect of Interventions on Nutritional Status and Work Performance of Thang - Ta Athletes in Manipur**”, submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfilment of the requirements for the award of the Degree of **Doctor of Philosophy in Food Science and Nutrition** is a record of original research work done by me under the supervision and guidance of **Dr. M. Sylvia Subapriya**, Associate Professor, Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and that it has not formed the basis for the award of any Degree/ Diploma/ Associateship /Fellowship or similar title to any candidate of any other University and it represents entirely an independent work on the part of the candidate.

**Signature of the Supervisor**

**Signature of the Candidate**