

# **CERTIFICATE**

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The is to certify that the thesis entitled 'Management of Stress and Enhancement of Self-efficacy in Adolescents through Positive Therapy' submitted to the Avinashilingam University for Women, Coimbatore, for the award of the degree of **DOCTOR OF PHILOSOPHY**, is a record of original research work done by **S. RAJAKUMARI, M.A., M. Phil.**, during the period of her study in the Department of Psychology, Avinashilingam University for Women, Coimbatore, under my supervision and guidance and the thesis has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title of any candidate of any university.

*Hemalatha Natesan*

Signature of the Guide