

## CERTIFICATE

This is to certify that the thesis entitled “**Effect of Functional Foods and Lifestyle Modification Strategies on Hypertensive Men and Women**” submitted to Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for the award of the degree of **Doctor of Philosophy in Food Science and Nutrition**, is a record of original research work done by **Mrs. A. Swarnalatha** during the period of her study in the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under my supervision and guidance and the thesis has not formed the basis for the award of any Degree / Diploma / Associateship /Fellowship or similar title to any University or Institute.

  
Signature of the  
Head of the Department

  
Signature of the Supervisor

  
Signature of the Dean

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This is to certify that the dissertation entitled "**Prevalence of Micronutrient Deficiencies among Self Help Group Women and the Impact of Interventions**" submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore – 641 043, for the degree of **Doctor of Philosophy in Food Science and Nutrition** is the record of original research work done by **Mrs. T. Padmapriya**, under my supervision and guidance has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title to any candidature of any other University or Institute.

  
Signature of the

Head of the Department

  
Signature of the Supervisor

  
Signature of the Dean