

## DECLARATION

I hereby declare that the dissertation entitled "Precision Nutrition Approach for Prevention and Management of Obesity" submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfilment of the requirements for the award of the Degree of Doctor of Philosophy in Food Science and Nutrition, is a record of original research work done by me under the supervision and guidance of Prof.C.A.Kalpana, Professor, Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under the supervision and guidance and the dissertation has not formed basis for the award of any Degree/Diploma/Associateship/Fellowship of similar title of any candidate of any other University.

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21/3/24

Signature of the Supervisor

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Signature of the Candidate

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