

**Avinashilingam Institute for Home Science and Higher Education for  
Women, Coimbatore-641043  
Bachelor's Degree Examination – November 2017**

**III Semester**

**Class : II UG  
Major : Physical Education**

**Time : 3 Hrs  
Max.Marks : 100**

**15BPEC08 Sports Psychology and Sociology**

**Part – A**

**10x1=10**

**Choose the correct answer**

1. Who is the father of psychology?  
a. James Mckeen Cattell  
b. Kendra Chery  
c. Wilhelm Wundt  
d. G. Stanley Hall
2. The therapy of psychoanalysis was developed by -----  
a. Skinner  
b. Sigmund Freud  
c. Plato  
d. Darwin
3. Sports performance is the bi-product of -----  
a. Skill  
b. Conditional ability  
c. Total personality  
d. Tactical ability
4. Which of the following is an intrinsic motivator?  
a. Pay  
b. Promotion  
c. Feedback  
d. Interest of play
5. In the childhood, individual's behavior is most influenced by -----  
a. Community  
b. School  
c. Peer group  
d. Family
6. Law of effect in learning was introduced by -----  
a. Pavlov  
b. Thom dike  
c. Skinner  
d. Gestalt
7. What is the population that psychologists usually study?  
a. monkey  
b. cats & dogs  
c. people  
d. pigeons and rats
8. The stress condition is -----  
a. Advantageous to the performer  
b. Detrimental to the performer  
c. Neither  
d. Helpful in the development of strength
9. The state of being first creates a strong almost unusable impression. This is -----  
a. Law of primacy  
b. Law of intensity  
c. Law of recency  
d. Law of effect
10. The leader who allows complete freedom in decision making and do not participate in the group activities is -----  
a. Autocratic  
b. Democratic  
c. Laissez fair  
d. None of the above

**Part – B**

**5x6=30**

**Answer the following**

**Answer should not exceed 400 words or two pages**

11. a. Explain the branches of Sports Psychology.  
(or)
11. b. What is sports psychology? How is it useful for sport?
12. a. What is motivation? What are form of motivation?  
(or)
12. b. Explain the Composition of Personality?
13. a. What are the different types of learning? Give a note.  
(or)
13. b. Explain about growth and development according to their age?
14. a. Explain the scope of sports sociology in the field of physical education?  
(or)
14. b. How sports play a role as socializing institutions?
15. a. Explain the basic consideration in motor learning and performance.  
(or)
15. b. What are the feedback mechanism? Discuss.

**Part – C**

**5x12=60**

**Answer the following**

**Answer should not exceed 800 words or 4 pages**

16. a. Explain the need and importance of sports psychology in the field of physical education?  
(or)
16. b. Describe the history of sports psychology and its development.
17. a. What are the factors that influence the learning and performance?  
Explain.  
(or)
17. b. What is emotion? How emotions play a role in sports performance –  
Discuss.
18. a. Explain the laws of learning in detail.  
(or)
18. b. What is individual differences? Explain its types in detail.
19. a. What are the manifest and latent functions of sports?  
(or)
19. b. Importance of sociology in play education – Discuss.
20. a. What are the national sports agents? Explain their role in sports development.  
(or)
20. b. Explain the types of motivation and their role in high performance.