



Avinashilingam Institute for Home Science and Higher Education for Women
 (Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
 Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B
 Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment – March 2021
I Semester

Class : I UG
Major : All Majors

Time : 2 Hours
Max.Marks : 60

18BXSP01 Sports

Choose the Correct Answer
Part A

20 x1 =20

1. Who is hosting the second Khelo India University games?
 a. Tamil Nadu b. Karnataka c. Kerala d. Andhra Pradesh
2. Total number Athletic events to be conducted in Tokyo Olympics
 a. 36 b. 37 c. 48 d. 47
3. What is the prize money for Arjuna Award?
 a. 5 lakhs b. 10 lakhs c. 15 lakhs d. 20 lakhs
4. High Cash incentive for Gold medalist in Inter University Games in India
 a. 3 lakhs b. 2 lakhs c.1.5 lakhs d. 5 lakh
5. What is the Minimum age an athlete can be to participate in Olympics?
 a. 18 b.19 c.17 d.16
6. Highest achievers of MAKATROPHY
 a. Punjabi University b. Punjab University c. SRM d. JNDU
7. Eligible course to serve as coach
 a. BSc in Sports Coaching b. Diploma in Sports Coaching
 c. Certificate in Sports Coaching d. All the above
8. Best Record throwing Distance in Shotput by Indian Women
 a.12 meters b. 15 meters c. 18.86 meters d. 14.11 meters
9. Indian Para Olympic Athlete Mariappan achieved in which game?
 a. Long Jump b. High Jump c. Triple Jump d. Shot Put
10. Who is the record holder of Women 100 mts in Indian University Athletic Meet?
 a. P.T.Usha b. Dutee Chand
 c. C.R.Mahalakhmi d. Shanthi.S
11. National Sports Day of India
 a. September 29 b. August 29 c. October 29 d. June 21

12. Rajiv Gandhi KhelRatna awardee 2020
 a. Rohit Sharma
 b. Mariappan Thangavelu
 c. ManikaBatra
 d. All the above
13. Form-4 is the certificate to participate in which National Games?
 a. AIU
 b. SAI
 c. SGFI
 d. None of the above
14. Weight Lifting includes combination of ____ events.
 a. 3
 b. 2
 c. 5
 d. 4
15. Tamil Nadu Government allotment for Sports reservations
 a. 2%
 b. 5%
 c. 3%
 d. 10%
16. A player will receive the____ certificate for participating in National Inter University Games
 a. Form 3
 b. Form 1
 c. Form 2
 d. Form 4
17. Which one combined event in Athletics?
 a. Jumps
 b. Relay
 c. Steeple Chase
 d. Heptathlon
18. Sports kit for football players
 a. Spikes and Sleeves
 b. armpad and thigh pad
 c. Chin guard and Studs
 d. All the above
19. Sports Minister of India
 a. K.A.Sengottaiyan
 b. P.T.Usha
 c. Kiren Rijju
 d. T.Mariappan
20. What is the Maximum age of an athlete can be to participate in AIU National Games?
 a. 18
 b.27
 c. 25
 d.16

Part B
Answer all Questions

5 x 2 = 10

21. Khelo India Schemes- 2021.
22. How are the sports chosen for the Olympics?
23. How a player selected for School Games National Competitions?
24. Special Initiations taken by Govt of India in regarding with Fit India.
25. Write short note on SDAT.

Part C
Answer any one Question
Answer should not exceed 800 words

2 x 15 = 30

- 26.a. Write about Olympic Sports and Non Olympic Sports.
 (or)
- 26.b. Write about Para Olympics, Special Olympics and Deaf Olympics.
- 27.a. What are all the selection process for an athlete/player to participate in Olympics?
 (or)
- 27.b. Explain the role of SAI in athletes development.
