

CERTIFICATE

This is to certify that the thesis entitled “**Association of Visceral Adiposity Index and Lipid Accumulation Product with Insulin Resistance among Selected Adult Women and the Impact of Intervention**” submitted to Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore for the award of degree of Doctor of Philosophy in Food Service Management and Dietetics is a record of original work done by **SA. Thamilovia** during the period of her study in the Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore under my supervision and guidance and the thesis has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or other similar title to any candidate of any University or Institute.


Signature of the

Head of the Department


Signature of the Guide




Signature of the Dean

DECLARATION

I hereby declare that the matter embodied in this thesis entitled **“Association of Visceral Adiposity Index and Lipid Accumulation Product with Insulin Resistance among Selected Adult Women and the Impact of Intervention”** is the result of investigation carried out by me in the Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore under the supervision and guidance of **Dr. S. Uma Mageshwari**, Dean Student Affairs, Professor and Head, Department of Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and it has not been submitted for the award of any Degree/ Diploma/ Associateship/ Fellowship etc., of any other University or Institute.


Signature of the Guide


Signature of the Candidate