

**Efficacy of Cognitive Behaviour Therapy in Managing Stress,
Anxiety, Loneliness and Enhancement of Assertiveness
among Sexually Abused Girl Children**

**Thesis submitted in
Partial Fulfillment of the
Degree of Doctor of Philosophy (Ph. D.)**

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80_Recommendation

- The study highlights the need for counselling centres for Children in all the schools so as to have a complete data of the sexually abused children especially school wise
- To have a longitudinal study of the children who had undergone sexual abuse will help understand the adaptability into adulthood and there after
- The Government should at least conduct periodical surveys to understand the changing nature of abuse over a period of time with the inclusion of women and men as well
- The study also should include a peer assisted counselling to help the children overcome the problem
- Future studies should include waitlisted group to understand the accurate impact of the training